## ABSTRACT OF THE DISCLOSURE

The present invention relates to a system and method for distributing information. The system can include one or more set top boxes that can function as normal set top boxes, but can also conduct two way communications with other set top boxes. Users can send text, audio, and/or video messages to other users. The set top boxes can include provisions that permit two way communications, using video cameras, microphones and other inputs that can receive keyboard or text information.

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